

# Career Spectrum

*Brought to you by*

**Dr Donald A J Cable, MNZPsS**  
*BBS, DipSocSci, MA(Hons), PGCertPracPsych, PhD*

*Occupational Psychologist*

## *A Multi-Level Career Development and Management Program*

### **LEVEL ONE**

An introductory program designed to help individuals in early career stage answer the perplexing questions...

What career options suit my interests and background?

What career might I be good at?

What career option is more likely to bring me satisfaction?

Based on a basic level of psychometric assessment including personality, careers drivers, and career anchors, and face-to-face discussions, the information provided will support individuals in answering those early career questions. This level is particularly suited to people embarking on their first major career direction.

Your commitment: 2 – 3 hours

### **LEVEL TWO**

A program designed to support individuals who have some work experience and now want to reevaluate their options. Based on a more advanced level of psychometric assessment this program provides you with a report covering *Level 1* assessment plus work type, and life developmental influences. This level is particularly suited to people who have spent 5 – 10+ years in the work force and are now seeking a new career direction.

Your commitment: 3 – 4 hours

### **LEVEL THREE**

An advanced program for individuals facing a significant career decision, perhaps precipitated by redundancy or similar major life event. Based on a broad spectrum of psychometric assessment a full report is provided upon which individuals may make important career decisions. This level can be extended to include CV writing, industry research skills, job search skills, networking techniques, and general life skills.

Also appropriate as an outplacement/transition program for organizational intervention.

Your commitment: 5 – 10 hours

*For further information, or to book an appointment, contact Donald Cable:  
PO Box 10147, Bayfair, Mt Maunganui. Tel: 07 5741948; Mob: 027 5741948*